

# Re-mem-bering Our Lives After Dementia Loss

*"The only way to get to the other side is to go through the door."  
~Helen Keller*

**For those who have experienced a dementia related death  
of a family member, friend or someone significant.**

Come share the unique experience of having lost someone to Alzheimer's or other dementia. This 4-part group will provide support and tools for moving through reflections and memories by reconnecting with who this person was through conversation, journaling and other experiences.

**Date:** Mondays, March 4, 11, 18, 25<sup>th</sup> 2019  
**Time:** 10:30-12:00 pm  
**Facilitators:** Lisa Apel and Colette Heun  
**Location:** Broomfield Community Center  
280 Spader Way, Broomfield (see map on reverse)

**Registration required. Space is limited.**

For additional information or to register, please contact  
Halcyon Hospice Grief Support at 720-325-2987 or [griefsupport@myhalcyon.org](mailto:griefsupport@myhalcyon.org)

*This group is a collaboration Halcyon Hospice and Palliative Care, Broomfield Senior Services and Heartlight Center*

# Broomfield Community/Senior Center

280 Spader Way,  
Broomfield, CO 80020

